

## **Medications to Stop Before Surgery**

If you are taking any of the medications listed below, please review the following recommendations with your primary care physician to get approval before stopping any medication:

### **14 days before surgery (or more):**

- Any narcotic (Vicodin, Norco, Percocet, Oxycontin, etc)

### **10 days before surgery:**

- Plavix
- Any Non-steroidal Anti-Inflammatory Drug (NSAID): Aspirin, Motrin, Alleve, Ibuprofen, Mobic
  - Exception: Celebrex
- Any herbal supplement
- Vitamins E, C or K

### **7 days before surgery:**

- Aspirin
- Coumadin

You may continue to take the following medications:

- Tylenol
- Celebrex
- Ultracet (Tramadol)
- Glucosamine

### **On the morning of surgery:**

- You may take your normal medications **ONLY WITH A SIP OF WATER**
- If you use an inhaler, please bring it with you to the hospital
- If you are taking diabetic medications, you should check with your primary care physician to determine if you should take your medications on the morning of surgery